

Oncology Massage I Blending East with West™

A Continuing Education Course with Isabel Adkins

Chicago
October 29 - 31, 2010

Prerequisite:

any Society for Oncology Massage (www.s4om.org) recognized foundation course

Purpose

This class will allow body therapists to enhance their work with cancer clients by integrating Reflexology and Acupressure skills to the *oncology massage protocol** in regard to pressure adjustments, sites that need to be avoided and client positioning. *Originated by Gayle MacDonald

Curriculum

While looking at the body from an Eastern Medicine point of view, practitioners will learn:

- How to support the internal organs during disease, treatment and recovery
- How to address symptoms more directly by understanding how the organs “network”
- How to mitigate the side effects of treatment and symptoms of disease, such as low blood counts, nausea, fatigue, neuropathy, weakness in the limbs, and GI tract disorders
- How to strengthen the immune system
- The importance of Ayurvedic oils for cancer care

- The psychological aspects of living with a potentially fatal disease and how that may impact the immune system

As a culminating activity of the class, students will learn how to utilize these skills by providing a full body massage session to each other, after a thorough intake, using symptom management tools learned in class. The instructor will assist students in creating a massage plan that addresses any symptoms their client/student may have.



Oncology Massage Matters
www.OncologyMassageMatters.com



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Who Should Attend:

This class is to assist therapists working with clients that are receiving or have completed cancer treatment. The knowledge gained will also be useful and applicable for any therapist with clients presenting similar physical symptoms.

Materials:

Class materials to be provided by instructor.

Duration:

3 days, 22 instructional hours
(Fri 9-6, Sat 9-6, Sun 9-4)

Tuition: \$418

Accreditation: NCBTMB approval in process

Please note: for Isabel's Chicago students who previously took the 5-day class - this is the 2nd half of that class.

Isabel Adkins

Isabel Adkins is considered an expert in the field of Oncology Massage. She has been a keynote speaker at UC Davis Cancer Center forums on complementary medicine. She was a speaker at the 2007 Oncology Massage Healing Summit presenting on the topics of trauma and an Eastern approach to support body-mind. Her topic for the 2010 Summit is "Strengthening Immunity with Bodywork: A Blend of East and West". Isabel collaborated on the second edition of *Medicine Hands*, released in January 2007, with a chapter on an Eastern approach to strengthening the body during cancer treatment and disease.



Isabel is the primary instructor for the 300-hour certification program in Oncology Massage at the Massage Therapy Institute in Davis, California (the only state certified Oncology Massage training program in California). She directed and supervised the Oncology Massage Program at Sierra Nevada Memorial Hospital.

Through bodywork, Isabel seeks to alleviate physical and emotional pain and to create a space for healing and presence. Isabel's interest in massage comes from understanding the need to address the experience of illness in a way that explores the body-mind relationship and the body's energetic systems.

For additional information

For more information on this class, additional classes offered by Isabel Adkins, or her Oncology Massage Certification program visit the website:

www.OncologyMassageMatters.com

or contact: info@OncologyMassageMatters.com or isabeladkins@yahoo.com

To register for this class

Contact Oncology Massage Matters: info@OncologyMassageMatters.com